

# PRAKASH INSTITUTE OF AYURVEDIC MEDICAL SCIENCE & RESEARCH

Jhajhar, Rabhupura Road, District Bulandshahr (U.P.)



*Rooted in Tradition,  
Rising with Knowledge*

**E-BULLETIN • VOL. 1**



Education • Research • Clinical Excellence

# PRAKASH INSTITUTE OF AYURVEDIC MEDICAL SCIENCES AND RESEARCH

JHAJHAR, RABUPURA ROAD, BULANDSHAHR, UP - 203203



## EDITORIAL COMMITTEE

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## CONTACT US



**Dr. Jagannath K. Haryan**  
Principal, PIAMSR



@piamsrjhajhar



**Dr. Nidhi Gupta**  
H.O.D & Associate Prof.



@piamsr\_jhajhar



**Dr. Anjali Sharma**  
Assistant Professor



prakashayurvedicinstitute.in



9650404691  
9899852001



2015ayu0416@gmail.com



Jhajhar, Bulandshahr, UP

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**Success hugs you in private...  
Failure slaps you in public...  
That's Life**

**By Dr. A.P.J Abdul Kalam**

# VISION

To promote holistic health through scientific Ayurvedic education and global outreach.

# MISSION

## **MISSION - 1**

Continuously strive to impart value-based Ayurvedic education that nurtures holistic well-being and elevates the satisfaction of all stakeholders, students, faculty, patients, and society.

## **MISSION - 2**

To make dedicated efforts toward creating competent Ayurvedic professionals through an effective, learner-centered teaching process grounded in classical wisdom and strengthened by a lifelong learning mindset.

## **MISSION - 3**

To promote and support innovative research, Ayurvedic entrepreneurship, and integrative developmental activities through active collaboration with industry partners, healthcare institutions, and traditional knowledge systems.

# OUR INSPIRATIONS

## CHAIRMAN & MANAGING DIRECTOR



It gives me immense pride and joy to connect with you through this e-bulletin. I am privileged to witness our institution flourishing as a center of excellence in Ayurvedic education, research, and patient care.

I warmly welcome you to our Ayurvedic institution, where tradition meets innovation. Our mission is to nurture competent, compassion, and visionary professionals who honor the timeless wisdom of Ayurveda while embracing modern advancements. We remain committed to fostering an environment of holistic learning, research, and services; inspiring our students to contribute meaningfully to society and elevate the standards of healthcare. May this journey of knowledge, discipline, and discovery empower every learner to realize their fullest potential.

**Dr. Vijay Singh Chauhan**  
**(Chairman & Managing Director)**

## FROM THE DESK OF THE PRINCIPAL



It gives me immense pleasure to present the very first bulletin of our Ayurvedic Medical College and Teaching Hospital. This inaugural issue marks an important milestone in our institutional journey and represents the vision, aspirations, and collective efforts that laid the foundation of our college.

With an annual admission capacity of 60 undergraduate students and a 100-bedded teaching hospital equipped with Intensive Care facilities, our institution is dedicated to imparting quality Ayurvedic medical education supported by robust clinical exposure. We aim to blend the timeless wisdom of Ayurveda with structured academics, ethical clinical practice, and a scientific outlook, ensuring the development of competent and compassionate Ayurvedic physicians.

This bulletin serves as a platform to document our academic activities, clinical services, research initiatives, and community outreach programs. It stands as a testimony to the dedication of our management, faculty, students, medical staff, and all stakeholders who are contributing to the growth of this institution from its very inception.

As we embark on this journey, let us remain committed to excellence in education, patient care, research, and service to society. I am confident that with collective effort and shared purpose, our institution will grow into a center of excellence in Ayurvedic medical sciences.

With best wishes,

**Dr. Jagannath Keshav Haryan**  
**Principal**

## FROM THE DESK OF THE VICE PRINCIPAL



Dear Faculty Members and Students,

It gives me immense pleasure to connect with you through this e-bulletin. Our Ayurvedic Medical College remains committed to academic excellence, ethical practice, and holistic healthcare rooted in the timeless principles of Ayurveda.

I encourage students to maintain sincerity in their studies, active participation in clinical training, and a disciplined approach towards professional growth. Faculty members play a pivotal role in shaping competent and compassionate Ayurvedic physicians, and their continued dedication is deeply appreciated.

Let us work together to uphold the rich heritage of Ayurveda while embracing innovation, research, and evidence-based practice. May this academic journey inspire learning, service, and excellence in all spheres.

With best wishes for continued success.

A handwritten signature in blue ink that reads "P. K. Agarwal".

**Dr. Prateek Kumar Agarwal**  
**Vice-principal**

# STUDENTS ACHIVEMENTS

## BATCH: 2021-2022



## BATCH: 2023-2024



# FACULTY SPOTLIGHT

## DR. PRATEEK AGGARWAL

Guest Lecture in Grand Convocation & Career upgrade CME for Ayurvedic Doctors on 21 September 2025 in Raddison Blu Pashchim Vihar Delhi



## BIOSPARK BOOTCAMP 2025

Faculty members of Prakash Institute of Ayurved Medical Sciences and Research, Jhajhar, Bulandshahr participated in the Biospark 3-Day Bootcamp 2025 on Entrepreneurship and Innovation, organized by FITT, IIT Delhi in collaboration with HS Foundation, from 26–28 December 2025 at IIT Delhi.

The programme focused on innovation, entrepreneurship, startup funding, intellectual property management, and technology transfer. The institute was represented by Prof. Dr. Jagannath K.

Haryan, Dr. Tejaswini Haryan, Dr. Surendra Kumar, and Dr. Devendra Singh. The team secured 2nd place in the Bidding Competition, reflecting strong entrepreneurial and strategic capabilities. The bootcamp significantly contributed to enhancing the institute's capacity for innovation and startup development.



# EXPERTS SESSIONS

Expert sessions play a vital role in enhancing student learning by providing firsthand knowledge from seasoned professionals. These sessions expose learners to current industry practices, innovative ideas, and real-world problem-solving approaches. They bridge the gap between theoretical concepts and practical application, inspire students to think critically, and broaden their perspectives. By interacting with experts, students gain clarity on career pathways, develop confidence, and stay up-to-date with emerging trends, ultimately strengthening their academic and professional growth.



**Dr. B.R. Tripathi Sir Inaugurating Transitional Curriculum Program with His Valuable Experience and Journey and Vision on Ayurveda.**



**It was our privilege to host Dr. Sathya Dornala Sir as the esteemed guest speaker, who delivered an enlightening session on 'Health Policy in Charaka Samhita.'**



**Guest lecture for 3rd Prof. students on "Panchakarma in Children" (Balroga) by eminent speaker Prof. Snehalata Dornala Mam.**



**An insightful guest lecture was delivered by Dr. Vinay Chaudhary, a Panchakarma practitioner and Medical Officer (AYUSH), who shared his inspiring journey in Ayurveda.**

# NEW BEGINNINGS: BATCH 2025-26

## FROM TRANSITION TO FRESHER'S



Salarpur, Uttar Pradesh, India  
772xrvw, Javar, Salarpur, Uttar Pradesh 203203, India  
Lat: 28.26483°N Long: 77.650632°E  
Saturday, 09/11/2025 11:23 AM GMT +05:30



Greater Noida, Uttar Pradesh, India  
Cgwehho Kandrjga Vhary, Tower S-4, Pocket-4, Pk-1, Greater Noida, Uttar Pradesh 201515, India  
Lat: 28.44837°N Long: 77.57632°E  
Friday, 09/11/2025 11:24 PM GMT +05:30



# BRIDGING CLASSROOM AND COMMUNITY

## Student's Visit to PHC

### Department - Agad Tantra Evam Vidhi Vaidyak & Swasthvritta & Yoga

On 19 December 2025, students of the Department of Agad Tantra & Swasthvritta & Yoga (Batch 2022–23) visited the Primary Health Centre (PHC), Wair, Bulandshahr, as part of their academic curriculum.

The visit aimed to provide practical exposure to casualty services, emergency patient care, and basic first-aid procedures. During the visit, students observed the functioning of the casualty department, including emergency facilities, patient registration systems, first-aid rooms, and the roles and responsibilities of medical and paramedical staff.

The students were accompanied by Dr. Nisha, Associate Professor, Department of Agad Tantra, and Dr. Priyanka, Assistant Professor, Department of Swasthvritta who guided them throughout the visit. The doctors and healthcare personnel at the PHC shared valuable insights into casualty and emergency management, enriching the learning experience. The visit proved to be highly informative, enhancing the students' clinical awareness, practical skills, and understanding of emergency healthcare services.



# FROM GRANTHAS TO GROUND REALITY

## Educational Tour Highlights

### The Departments of Rasa Shastra and Dravyaguna Vigyan

From 25 to 29 November 2025, the students of the 2nd Year Batch (2022) of Prakash Institute of Ayurvedic Medical Sciences & Research participated in an enriching educational tour organized for the Departments of Rasa Shastra and Dravyaguna, aimed at enhancing practical exposure in Ayurvedic pharmacy, herbal identification, and research orientation.

The tour included academic visits to Patanjali Ayurvedic College, Patanjali Research Centre, Patanjali Yogpeeth, Rishikul Ayurvedic College, and the Forest Research Institute (FRI), Dehradun, offering insights into classical learning, drug standardization, clinical practice, and conservation sciences. A visit to Mussoorie – the “Queen of Hills” further enriched students’ understanding of mountain ecology and environmental awareness.

The tour was coordinated by Dr. Desh Raj, Assistant Professor, Department of Dravyaguna, along with Acharya Suknath Yadav, Associate Professor (Sanskrit), and the faculty members of the Samhita Department. The programme successfully bridged theoretical knowledge with practical learning, contributing to the academic and holistic development of students.



# SUCCESS STORY OF SHALYA TANTRA DEPARTMENT

**Surgical Procedure:** Haemorrhoidectomy by Ksharsutra Ligation Technique under Spinal Anaesthesia

**Diagnosis:** 3rd Degree Haemorrhoids

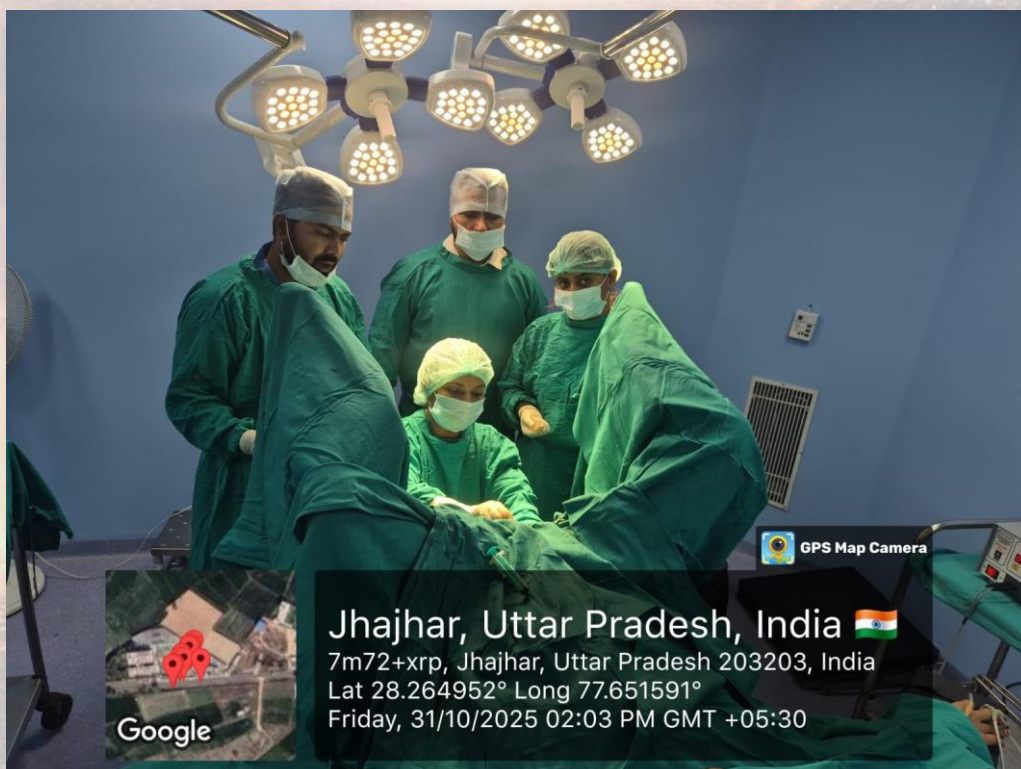
**Surgeon:** Dr. Tejaswini Haryan (MS Ayu.)

A haemorrhoidectomy procedure using the Kshar Sutra Ligation Technique was successfully conducted on 31st October 2025 in the Modular Surgical Operation Theatre at Prakash Institute of Ayurvedic Medical Sciences and Research Hospital. The surgery was performed by Dr. Tejaswini Haryan. Spinal Anesthesia (SA) was administered by Anesthetist after following all standard pre-operative protocols.

The female patient, aged 35 years, was taken up for surgery under strict aseptic conditions. The procedure was completed smoothly without any intraoperative complications. Post-operative monitoring was done, and the patient was shifted to the recovery area in stable condition. All vital parameters remained normal.

The patient was discharged three days later with significant clinical improvement and advised regular follow-up care.

This successful surgery reflects the institute's commitment to providing quality surgical care with modern facilities and skilled medical professionals.



# MENTORSHIP & PEER LEARNING

Guidance from mentors and collaboration with peers inspire growth, boost confidence, and sharpen skills, preparing students for success both academically and professionally.



**CME: ROLE OF PANCHKARMA IN AYURVEDA - PRACTICE**

**Date - 17.11.2025**

# PUBLICATIONS

## **DR. DEVENDRA SINGH**

### **ARTICLE: ARISHTA LAKSHANA (NEAR DEATH SIGN) RELATED TO PRANAVAHA SROTAS – A REVIEW**

To review and analyze near death signs / symptoms related to Pranavaha Srotas in present era.

[Arishta Lakshana \(Near Death Sign\) Related to Pranavaha Srotas – A Review](#)

## **DR. YOGESH SHARMA**

### **A REVIEW ARTICLE ON SADVRITTA ACCORDING TO SAMHITA**

*Sadvritta* is an important ethical and behavioral concept described in *Ayurveda* for the maintenance of health and prevention of disease. It includes rules related to personal hygiene, moral discipline, social behavior, mental control, and spiritual conduct.

<https://doi.org/10.22159/prl.ijayush.v14i12.1648>

## **DR. SUDIPA SAHA**

### **DIETARY AND LIFESTYLE CAUSES OF OBESITY (STHOULYA) IN AYURVEDA CLASSICS: A REVIEW STUDY**

Ayurveda explains Atisthoulya as abnormal nourishment due to Dosha, Dhatu, Agni imbalance and lifestyle errors, causing excessive Meda accumulation. Nidana Parivarjana with dietary and lifestyle modification forms the foundation of obesity prevention and management.

[JETIR2504281 \(1\).pdf](#)

### **CORRELATION OF SERUM INTERLEUKIN-6 LEVELS WITH ATISTHOULYA (OBESITY): AN INTEGRATIVE APPROACH BETWEEN AYURVEDA AND MODERN BIOMEDICINE**

Serum IL-6 levels increase with rising BMI, indicating chronic inflammation in obesity. This supports the Ayurvedic concept of Atisthoulya associated with Ama and positions IL-6 as a link between Ayurveda and modern inflammatory biology.

[DOC-20251128-WA0003.pdf](#)

## **DR. SUDIPA SAHA & DR. MEDHA**

### **MANASIKA BHAVAS (PSYCHOLOGICAL ATTRIBUTES) AND THEIR ROLE IN STHOULYA (OBESITY): AN AYURVEDIC PERSPECTIVE ON THE PSYCHOLOGY OF OVEREATING**

Ayurveda views obesity as a psychosomatic disorder due to disturbed Manasika Bhavas, impaired Agni, and Atisampurana. Modern science links stress-related hormonal changes with emotional eating, supporting an integrated mind–body approach to obesity management.

[manasika bhavas psychological attributes and.10.pdf](#)

# OUR FACULTY AT THE GLANCE

## DR. JAGANNATH KESHAV HARYAN

Professor & Principal  
M.D. (Ayu), Ph.D. Scholar (Rasa Shastra)  
Prakash Institute of Medical Sciences & Research

“Strong academic foundations, ethical leadership, and scientific pharmaceutical validation are essential for the global acceptance of Ayurveda.”



— Dr. Jagannath Keshav Haryan

### Professional Summary

Dr. Jagannath Keshav Haryan is an eminent academician and administrator with strong expertise in Rasa Shastra and Ayurvedic pharmaceutical sciences. He completed his B.A.M.S. (2002–2008) from K.B.S. Rural Ayurvedic Medical College, Belgaum under RGUHS, Karnataka, and M.D. (Ayurveda – Rasa Shastra 2010–2014) from S.V. Ayurveda Medical College, Tirupati under Dr. N.T.R. University of Health Sciences, Andhra Pradesh.

He is currently pursuing his Ph.D. in Rasa Shastra, with his synopsis approved and third annual progress report submitted.

### Achievement Highlights

- PG Entrance Rank 13 (Dr. N.T.R. University of Health Sciences, 2010)
- AYUSH NET 2018 Qualified – All India Rank 72
- Author of “Practical Handbook of Bhaishajya Kalpana” (Chaukhamba Orientalia, ISBN: 978-81-95187-6-6)
- 12+ research publications in national and international Ayurvedic journals
- Best Oral Paper Presentation Award – ICAPS-2023, NIA Jaipur
- Guided 10 PG scholars in Rasa Shastra
- SPARK Scholarship Mentor (2023–24 & 2024–25)
- Two Successful SPARK Scholarship Mentorship:
  - SPARK ID: SPARK/440/44 (2023–2024)
  - SPARK ID: SPARK/2024/4038/217 (2024–2025)

## DR. P. V. RADHA KRISHNA

Professor – Kayachikitsa  
M.D. (Ayu.)  
Prakash Ayurvedic Medical College



“Ayurveda is not only about treating disease, but about restoring balance and dignity to human life through thoughtful clinical practice.”

— Dr. P. V. Radha Krishna

### Professional Summary

Dr. P. V. Radha Krishna is a senior academician with over 20 years of teaching and clinical experience in Ayurveda. He completed his BAMS in 1992 from Dr. NRS Government Ayurvedic Medical College, Vijayawada (A.P.) and MD (Kayachikitsa) from Dr. BRKR Government Ayurvedic Medical College, Hyderabad (2000–2003).

### Achievement Highlights

- 20+ years of dedicated teaching and clinical service in Kayachikitsa
- Specialist in joint disorder management with extensive clinical outcomes
- Certified ACLS (Advanced Cardiac Life Support) expert with a Diploma in Emergency Medicine (Osmania University)

Multiple research publications contributing to evidence-based Ayurveda

## DR. PRATEEK KUMAR AGARWAL

Associate Professor – Kayachikitsa  
M.D. (Ayu.)  
Prakash Ayurvedic Medical College

*“Blending compassionate clinical care with  
committed teaching to nurture both healthy patients  
and competent physicians.”*



— Dr. Prateek Kumar Agarwal

### Professional Summary

Dr. Prateek Kumar Agarwal is a dedicated clinician–academician with over 10 years of healthcare experience and 7+ years of teaching expertise in Kayachikitsa. Renowned for his approachable teaching style, sound clinical judgment, and ethical medical practice, he effectively integrates classical Ayurvedic wisdom with modern medical concepts to deliver holistic patient care and quality education.

### Achievement Highlights

- 10+ years of successful clinical practice in Kayachikitsa
- 7+ years of undergraduate teaching experience
- Specialist in diabetes and skin disorder management using self-formulated Ayurvedic medicines
- Certified in Kerala Panchakarma therapies under the Ashtavaidya tradition
- Peer-reviewed research publications in national journals (JETIR)
- Recognized for ethical, patient-centered, and evidence-based Ayurvedic practice
- Actively involved in patient counseling, lifestyle modification guidance, and holistic disease prevention.
- Areas of Special Interest are Diabetes Mellitus (Prameha), Skin Disorders (Kushta & Kshudra Rogas), Panchakarma Therapies, Respiratory & Gastrointestinal Disorders, Integrative Ayurvedic Clinical Practice.

# AVAILABLE FACULTY IN OUR COLLEGE

## Department of Kayachikitsa



**Dr. P.V. Radha Krishna**  
Professor



**Dr. Prateek Kr. Agarwal**  
Associate Professor



**Dr. Savan Kumar**  
Assistant Professor

## Department of Panchkarma



**Dr. Surendra Kumar**  
Associate Professor



**Dr. Priyanka Yadav**  
Assistant Professor

## Department of Shalya Tantra



**Dr. Tejaswini J. Haryan**  
Associate Professor



**Dr. Sweta Rautela**  
Assistant Professor

## Department of Shalakyta Tantra



**Dr. Neha Gupta**  
Associate Professor

## Department of Kaumarbhritya



**Dr. Anil Kumar**  
Associate Professor

## Department of Stree evam Prasuti Roga



**Dr. Shalinee**  
Assistant Professor



**Dr. Gunja Gupta**  
Assistant Professor

## Department of Samhita & Siddhant



**Acharya Sukhnath**  
Associate Professor



**Dr. Yogesh Sharma**  
Assistant Professor



**Dr. Sudipa Saha**  
Assistant Professor

## Department of Kriya Sharir



**Dr. Nidhi Gupta**  
Associate Professor



**Dr. Anjali Sharma**  
Assistant Professor

## Department of Rachana Sharir



**Dr. Kaushal Kumar**  
Assistant Professor



**Dr. Sonia Meend**  
Assistant Professor

## Department of Dravyaguna Vigyan



**Dr. Deshraj**  
Associate Professor



**Dr. Karishma**  
Assistant Professor

## Department of Agad Tantra Evam Vyavahar Ayurveda



**Dr. Nisha**  
Associate Professor



**Dr. Roshi Digra**  
Assistant Professor

## Department of Roga Nidana Evam Vikriti Vigyan



**Dr. Devendra Singh**  
Associate Professor



**Dr. Medha**  
Assistant Professor

## Department of Rasashastra Evam Bhaishajya Kalpana



**Dr. Jagannath K. Haryan**  
Professor



**Dr. Mohd Suhail**  
Assistant Professor

## Department of Swasthviritta Evam Yoga



**Dr. Priyanka**  
Assistant Professor



**Dr. Ridhul Bhardwaj**  
Assistant Professor

**“The True Teachers are those who help us think for ourselves.”**

**By Dr. Sarvepalli RadhaKrishnan**

## QUOTES OF THE MONTH

*The good physician*  
treats the disease;  
*the great physician*  
treats the patient  
who has the disease.

— *Sir William Osler*

