

# PRAKASH INSTITUTE OF AYURVEDIC MEDICAL SCIENCES AND RESEARCH

CLASS SCHEDULE FOR BAMS 1<sup>ST</sup> PROF. BATCH (2025-26)

Day \ Time	09:00 am 10:00 am	10:00 am 11:00 am	11:00 am 12:00 pm	12:00 pm 01:00 pm	01:00 pm 01:30 pm	01:30 pm 02:00 pm	02:00 pm 04:00 pm		
	THEORY CLASSES						PRACTICAL'S (NLH)		
							Batch A (01 to 30)	Batch B (31 to 60)	
<b>Monday</b>	Sanskrit Acharya Sukhnath (Asso. Prof.) (LH)	Samhita Adh-1 Dr. Sudipa Saha (Asso. Prof.) (LH)	Padarth Vigyan Dr. Yogesh Sharma (Asso. Prof.) (LH)	Rachana Sharir Dr. Sonia Meend (Asst. Prof.) (NLH)	<b>LUNCH BREAK</b>	<b>SAMHITA PARAYANA</b>	Rachana Sharir Dr. Kaushal Kumar (Asso. Prof.)	Kriya Sharir Dr. Nidhi Gupta (Asso. Prof.)	
<b>Tuesday</b>	Samhita Adh-1 Dr. Sudipa Saha (Asso. Prof.) (NLH)	Samhita Adh-1 Dr. Yogesh Sharma (Asso. Prof.) (LH)	Sanskrit Acharya Sukhnath (Asso. Prof.) (LH)	Rachana Sharir Dr. Kaushal Kumar (Asso. Prof.) (LH)			Kriya Sharir Dr. Anjali Sharma (Asst. Prof.)	Rachana Sharir Dr. Sonia Meend (Asst. Prof.)	
<b>Wednesday</b>	Kriya Sharir Dr. Nidhi Gupta (Asso. Prof.) (NLH)	Sanskrit Acharya Sukhnath (Asso. Prof.) (NLH)	Padarth Vigyan Dr. Sudipa Saha (Asso. Prof.) (LH)	Rachana Sharir Dr. Sonia Meend (Asst. Prof.) (LH)			Sanskrit (02:00 to 03:00) Acharya Sukhnath (Asso. Prof.)	Samhita Adh-1 (03:00 to 04:00) Dr. Yogesh Sharma (Asso. Prof.)	
<b>Thursday</b>	Sanskrit Acharya Sukhnath (Asso. Prof.) (NLH)	Samhita Adh-1 Dr. Yogesh Sharma (Asso. Prof.) (LH)	Kriya Sharir Dr. Anjali Sharma (Asst. Prof.) (LH)	Rachana Sharir Dr. Sonia Meend (Asst. Prof.) (LH)			Samhita Adhyayan - 1 Dr. Sudipa Saha (Asso. Prof.) (NLH)		
<b>Friday</b>	Rachana Sharir Dr. Kaushal Kumar (Asso. Prof.) (NLH)	Sanskrit Acharya Sukhnath (Asso. Prof.) (NLH)	Kriya Sharir Dr. Nidhi Gupta (Asso. Prof.) (LH)	Padarth Vigyan Dr. Sudipa Saha (Asso. Prof.) (NLH)			Rachana Sharir Dr. Sonia Meend (Asst. Prof.)	Kriya Sharir Dr. Nidhi Gupta (Asso. Prof.)	
<b>Saturday</b>	Sanskrit Acharya Sukhnath (Asso. Prof.) (NLH)	Sanskrit Acharya Sukhnath (Asso. Prof.) (LH)	Kriya Sharir Dr. Anjali Sharma (Asst. Prof.) (LH)	Padarth Vigyan Dr. Yogesh Sharma (Asso. Prof.) (NLH)			By Acharya Sukhnath	Kriya Sharir Dr. Anjali Sharma (Asst. Prof.)	Rachana Sharir Dr. Kaushal Kumar (Asso. Prof.)

According to Academic Calendar Provided by NCISM

- Note - Applicable from 10-04-2026
- Spoken Sanskrit Class / Language Lab every month 2<sup>nd</sup> & 3<sup>rd</sup> Wednesday (Timing - 02:00 PM to 03:00 PM)
- Copy to All HoDs & all HOD kindly prepare their own departmental time table according to this time table and sent to the academic office & principal



Prakash Institute of Ayurvedic  
Medical Sciences and Research  
Jhajhar, Bulandshahr (U.P.)  
PRINCIPAL  
PIAMSR  
9/4/2026